



THEME COMMONS

SUB-THEME:

LIFE STYLES

TITLE OF WORKSHOP

**From theory to practice: how to monitor the
change in lifestyle**



(**WHAT**) PROPOSAL (IDEA OR PROJECT) FOR THE DEGROWTH

TO REALIZE ✦ [BEST PRACTICE ☐ / RESEARCH ✦] [NEW ☐ / REVISED ☐], TO REPLICATE ☐, TO RE-ACTIVATE ☐

(BRIEF DESCRIPTION) 50 tons CO₂ — ep*15.8 million projects *40years Make the world carbon neutral by 2050 by people not by governments.

The goal is to reduce by 95% greenhouse gas emissions by 2050 (IPCC, 2011) one way to this gather 15.8 mlns projects that reduce 50tons every year between 2010-2050. The projects would be displayed on an online map to communicate change and to inspire other people, possible tools, social networks, banner 50 for 2050

(**WHY**) RELEVANCE OF THE PROPOSAL TO THE NEEDS AND CONSTRAINTS OF THE DEGROWTH
(KEY WORDS)

Reduce energy consumptions, create clever systems

(**WHERE**) AREA OF APPLICATION Energy, agriculture, lifestyles

(**WHEN**) PERIOD OF APPLICATION : SHORT TERM ☐ LONG TERM ✦ YEAR _____

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(**AND YOU ?**) CONTACT THE PROPONENT OR LEAVE YOUR E-MAIL ADDRESS, IF YOU ARE INTERESTED IN THIS PROPOSAL



(**WHAT**) PROPOSAL (IDEA OR PROJECT) FOR THE DEGROWTH

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TO RE-ACTIVATE ☐

(BRIEF DESCRIPTION) skills sharing focus: exchange, like time bank but to exchange skills
bartering

(**WHY**) RELEVANCE OF THE PROPOSAL TO THE NEEDS AND CONSTRAINTS OF THE DEGROWTH

(KEY WORDS) Knowledge, share, self production, common knowledge

(**WHERE**) AREA OF APPLICATION. Local communities

(**WHEN**) PERIOD OF APPLICATION : SHORT TERM ☐ LONG TERM ✦ YEAR _____

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(**WHAT**) PROPOSAL (IDEA OR PROJECT) FOR THE DEGROWTH

TO REALIZE ✦ [BEST PRACTICE ✦ / RESEARCH ☐] [NEW ☐ / REVISED ☐], TO REPLICATE ☐,
TO RE-ACTIVATE ☐

(BRIEF DESCRIPTION) how to make simpler and make accessible to the wider public, not only highly educated people The proposal aims to focus only on 4-5 macro areas as social relationships, housing, transport, culture and information

(**WHY**) RELEVANCE OF THE PROPOSAL TO THE NEEDS AND CONSTRAINTS OF THE DEGROWTH
(KEY WORDS)

Social relationships, housing, transport, food, cultural/information

(**WHERE**) AREA OF APPLICATION.

(**WHEN**) PERIOD OF APPLICATION : SHORT TERM ☐ LONG TERM ✦ YEAR _____

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(**WHAT**) PROPOSAL (IDEA OR PROJECT) FOR THE DEGROWTH

TO REALIZE [BEST PRACTICE / RESEARCH ☐] [NEW ☐ / REVISED ☐], TO REPLICATE ✦,
TO RE-ACTIVATE ☐

(BRIEF DESCRIPTION) Living without owning a car and making people aware

Spread good practices of car sharing and car pooling inviting people to try them one month trial without jungo, and other sustainable ways to go around

(**WHY**) RELEVANCE OF THE PROPOSAL TO THE NEEDS AND CONSTRAINTS OF THE DEGROWTH
(KEY WORDS)

Less cars around, save money, new relationships

(**WHERE**) AREA OF APPLICATION: local

(**WHEN**) PERIOD OF APPLICATION : SHORT TERM ☐ LONG TERM ✦ YEAR _____

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(**WHAT**) PROPOSAL (IDEA OR PROJECT) FOR THE DEGROWTH

TO REALIZE ☐ [BEST PRACTICE ☐ / RESEARCH ☐] [NEW ☐ / REVISED ☐], TO REPLICATE
★, TO RE-ACTIVATE ☐

(BRIEF DESCRIPTION) Condivisione degli stili di vita (educazione, alimentazione, cultura, azioni)
Social models to support lifestyles changes; Focus: women/intergenerational collaboration and support

(**WHY**) RELEVANCE OF THE PROPOSAL TO THE NEEDS AND CONSTRAINTS OF THE DEGROWTH

(KEY WORDS) Vita familiare, Tempi di cura, decrescita culturale

(**WHERE**) AREA OF APPLICATION small communities

(**WHEN**) PERIOD OF APPLICATION : SHORT TERM ☐ LONG TERM ★ YEAR _____

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